

Eating Disorder Resources

<https://www.nationaleatingdisorders.org/>

<http://www.iaedp.com/>

<https://equip.health/>

<https://tabithafarrar.com/blog/>

<https://www.chop.edu/centers-programs/eating-disorder-assessment-and-treatment-program>

Decoding Anorexia: How Breakthroughs in Science Offer Hope for Eating Disorders

Carrie Arnold

When your Teen Has an Eating Disorder: Practical Strategies to Help Your Teen Recover from Anorexia, Bulimia, and Binge Eating

Lauren Mulheim, PsyD