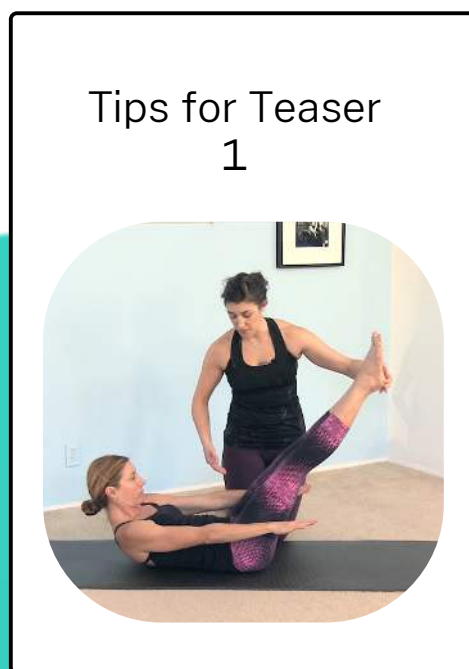


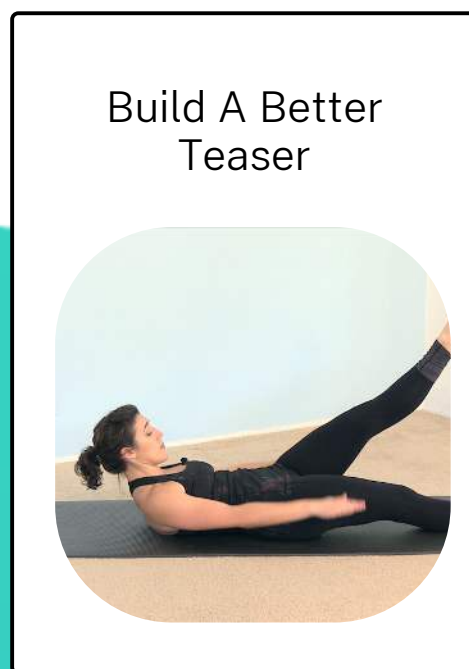
PHASE 1

Tackle Your Teaser

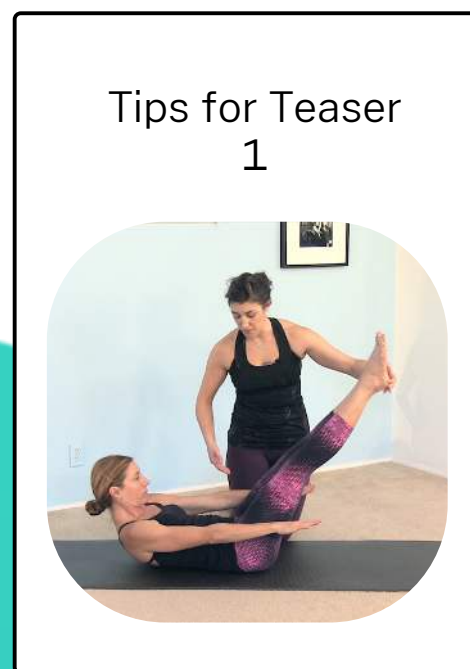
DAY 1



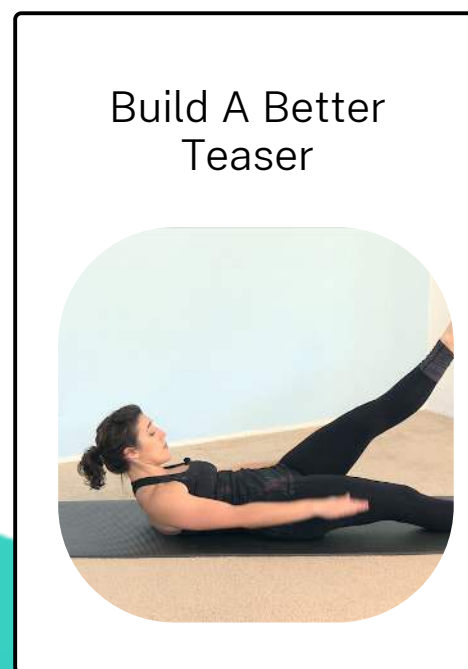
DAY 2



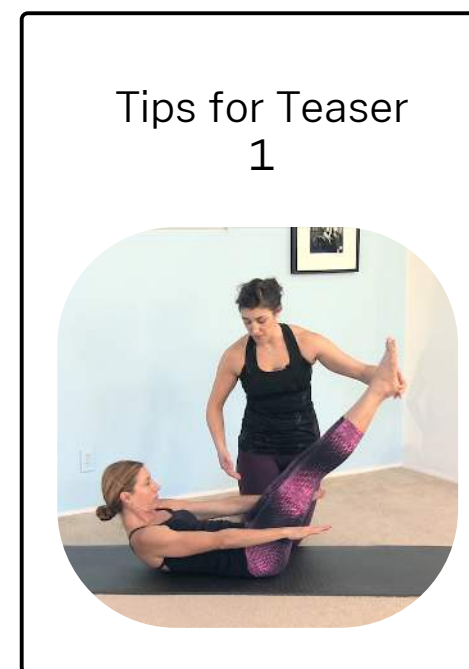
DAY 3



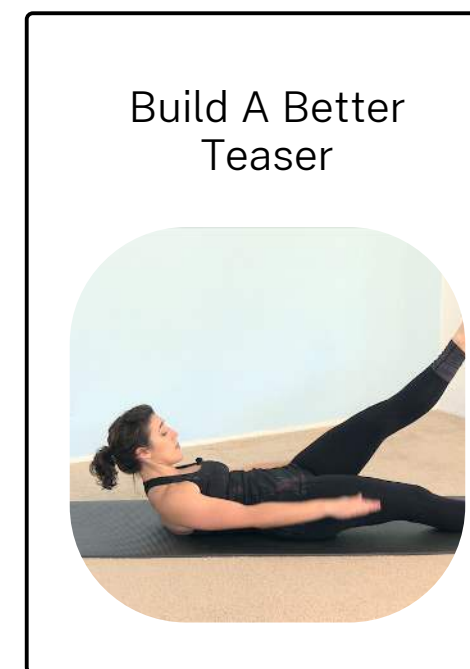
DAY 4



DAY 5



DAY 6



PHASE 2

Tackle Your Teaser

DAY 1

Tips for Teaser
2



DAY 2

Transform
Your Teaser
Workout



DAY 3

Tips for Teaser
2



DAY 4

Transform
Your Teaser
Workout



DAY 5

Tips for Teaser
2



DAY 6

Transform
Your Teaser
Workout



PHASE 3

Tackle Your Teaser

DAY 1

Tips for Teaser
3



DAY 2

Toss In A
Teaser



DAY 3

Tips for Teaser
3



DAY 4

Toss In A
Teaser



DAY 5

Tips for Teaser
3



DAY 6

Toss In A
Teaser

