

Speaker 1: Mechanical sounds Get ready to light up your body with the Pilates Magic Circle. Our three week series will strengthen your core like nothing else. You'll join Pilatesology's world-renowned teachers who know how to bring on the heat with fun and creative classes that you'll look forward to. So what can the Magic Circle do for you? How about fire up your deep core strength, Sculpt and tone your inner thighs, core, arms, glutes and back. Build power and stability throughout your body and increase your endurance and stamina. All you need for this complete series is your mat and Magic Circle. Join us and discover the Magic. Mechanical sounds